

*empty*



words & art by  
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*emptyartby*

This is a small book about  
the power of *empathy*.

You know all about empathy. It's a power you already have and use. But sometimes the world around us makes it difficult.

Crazy stuff is happening now, crazy stuff has happened in the past, and even more crazy stuff is going to happen in the future. But no matter what happens, the way we choose to see the world – how we choose to apply the power of empathy – sends out ripples that affect everyone around us.

So, this is just a small reminder of how important you are and what a big difference you make. Because we define our world. Not the other way around.

“See the same world  
~Benoit Mandelbrot  
*differently.*”

Let's start with a *definition*

*empathy*

noun

the feeling that you understand and share another person's experiences and emotions

the ability to share someone else's feelings

The background is a complex marbled paper design. It features a pattern of overlapping circles in shades of grey, brown, and red. The marbling itself is a mix of red, brown, and cream colors, creating a textured, organic appearance. In the bottom left corner, there is a small, detailed illustration of a bearded man, possibly a historical figure, rendered in a reddish-brown tone. The overall aesthetic is vintage and artistic.

Empathy is  
perhaps the  
#1 thing  
that makes  
the human  
race so.....

*human.*

It's in our DNA.

As humans, empathy is also our **#1 advantage**.....

It drives creativity, change, and determination.....

..... It's what makes the world so fundamentally great in the first place.

Empathy is *easy* when we see ourselves in the subject.....  
.....The *challenge* is as our world evolves and expands.....

.....to also evolve and expand the *definition* of ourselves.....

Fortunately, there are many ways  
to expand our self-definition and  
*cultivate* empathy:

*Words &  
Stories*

*Art &  
Observation*

*Actions*  
(the loudest of all)





# *Words & Stories*

Words are just letters and sounds until we assign them meaning. And those meanings are what make words so powerful. Since meanings come from experiences, by writing words and stories we can create experiences people would otherwise not have and subsequently assign and reassign the meaning of words.

*Writers*, keep writing.



# Art & Observation

The way we see things defines our world.  
Why else could two people feel two  
opposite ways when observing the  
same thing at the same time?

That's why observing art and the  
world around us through different  
lenses is so important.

*Artists, keep making art.*



*Actions*  
Being understood by others is  
the most sought-after comfort.

As much as possible, be  
kinder than necessary,  
ask caring questions,  
and assume good  
intentions.

*Doers*, keep doing.

The background is a complex marbled paper pattern in shades of red, brown, and grey. A dark silhouette of a person's head and shoulders is visible in the lower right quadrant. The text is overlaid on the marbled background.

We *strengthen* ourselves and  
the world around us every time we apply  
the power of empathy.

And since the world  
will continue to *surprise* us...

.....let's *surprise* the world back.



empathy

*Writers*, keep writing.  
*Artists*, keep making art.  
*Doers*, keep doing.

# Just aopma